

Eline Funeral Home



The Uplifter

Winter 2017

A quarterly publication for the extended family and community of



Owner/Funeral Director: Jeffrey B. Eline
Manager/Funeral Director: Stephen M. Jenkins
Office Manager: Rose M. Jenkins
Funeral Director: J. Wayne Osterling
Funeral Director: Justin P. Britcher

Grief Seminar

March 28, 2017

6:30-8:00pm

Inside this issue:

| | |
|-----------------------------|---|
| <i>Accepting a Loss</i> | 2 |
| <i>Kiwanis Club</i> | 2 |
| <i>Recipe</i> | 2 |
| <i>Boring, MD</i> | 3 |
| <i>Death away from home</i> | 3 |
| <i>Who to call first</i> | 3 |
| <i>Life Lessons</i> | 4 |

Of Special Interest...

- *Oregon Ridge*
- *Boring, MD*
- *Comfort Food Recipe*
- *Life Lessons*

Remember When...skiing at Oregon Ridge

In Hunt Valley, Maryland there was a ski area called Oregon Ridge. The climate was not cold enough to sustain consistent snowmaking and so Oregon Ridge was only open from 1964 to 1969.

Oregon Ridge is located approximately 13-14 miles due north of downtown Baltimore. The elevation at the top of the ski hill was approximately 600 feet, with a 200 foot vertical

drop, which is one of the higher elevations in Baltimore County. The only place with a higher elevation in Baltimore County is farther north on the MD/PA line. The main mode of skier transportation was six rope tows and one chairlift.

Oregon Ridge Park is now run by the Baltimore Co. Dept. of Rec. & Parks.



Some facts on...



Snow

Snow forms when water vapor in the atmosphere freezes into ice crystals.

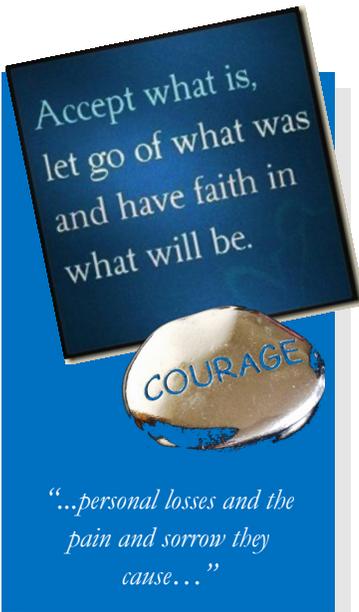
Light and fluffy snow is often called 'powder'.

Heavy snowfalls are often called 'snowstorms' and "snowstorms" with high winds are often called 'blizzards'.

Snow doesn't always appear white. Deep snow can often appear blue. This is because layers of snow can create a filter for the light, causing more red light to be absorbed than blue light. The result is that deeper snow appears blue as in glaciers.



Mendenhall Glacier, Alaska



Accepting a Loss...

For each of us — rich or poor, young or old — there are times in our lives when we must face and deal with personal losses and the pain and sorrow they cause. Examples that come easily to mind are the death of a parent, spouse, child, or other close family member or friend. Many other events and transitions also bring with them sadness and a need to grieve:

- Being told you have a serious, possibly terminal illness.
- Having to give up interests and activities that have been a major part of your life.
- Seeing serious decline in mental or physical health of someone you love.
- Retiring from a work career or voluntary activity that has helped shape who you are and what you stand for.
- Losing a significant part of your independence and mobility; even giving up driving a car can be a significant loss for many people.
- Moving out of your home.
- Saying goodbye to a favorite pet.

Losses such as these are simply part of living. Like their counterparts among the joyful occasions in our lifetime — the birth of a child or grandchild, a celebration of marriage, an enduring friendship — they are part of what it means to share in the human experience. And the emotions they create in us are part of living, as well.

Kiwanis Club of Reisterstown



Members of the Kiwanis Club of Reisterstown are often asked, "What does Kiwanis do?"

Well...Kiwanis is a global organization of volunteers dedicated to improving the world, one child and one community at a time.

Kiwanis International

Eradication of Iodine Deficiency Disability (IDD) in Third World Countries. Several years ago the International Kiwanis organization decided to work to overcome the iodine deficiency suffered by children throughout the world. 75 Million Dollars was raised and used to virtually eradicate Iodine Deficiency in the world.

Kiwanis Club of Reisterstown

Sponsoring Partner of Reisterstown Regional Park

Major sponsor of Reister's Towne Festival 2003-07

Sponsorship of Boy Scout Troop #315 & Cub Pack #315

Sponsorship of two area High School "Key Clubs"

Sponsorship of 6 \$1,000 High School Scholarships

Sponsorship of the "Terrific Kids Program" in 13 Elementary Schools in the local area

Sponsorship of Children's Car Seat ID-Sticker Program

Support for Meals on Wheels

Support for the Reisterstown Community Crisis Center

Support for the Reisterstown Food Pantry

Support for "Head Start"

Participation in "Adopt a Highway Program"

Fund Raisers-Oyster/Shrimp Feast, Crab Feast, Funnel Cake Sales & Annual Golf Classic

Interested in joining?

Contact:

Don Dudey
410-356-5707

Lemon Cake...recipe by Cookie Stone



Lemon Cake

Cake:

- 1 Box Lemon Jello (Small)
- 1 Box Lemon Cake Mix
- 4 Eggs
- ¾ cup Oil
- ¾ cup Water

Mix above ingredients, pour in greased pan
Bake @ 350 degrees, until toothpick comes out clean

While cake is warm, puncture holes in top

Topping:

- 2-4 Whole Lemons, squeezed
- ½ to 1 box of Confectionery Sugar
- ½ for 2 lemons, 1 for 4 lemons

Mix ingredients and pour over the warm cake.

Boring, Maryland

Boring, Maryland is a community in Baltimore County, at the intersection of Old Hanover Road and Pleasant Grove Road, about 5 miles north of Reisterstown.

Boring, Maryland is known for its unusual name, which was not chosen for the pace of life, but for postmaster David Boring. The town was originally named Fairview, but being an important stop on the Western Maryland Railroad, the railroad



asked the community to change its name, due to more than one Fairview on the rail

line. It is unknown when this happened, but thought to be in the late 19th century.

It is very small, consisting of some houses, the Boring Methodist Church, Boring Volunteer Fire Company, organized in 1907, and the Boring Post Office, zip code: 21020. The steps in front of the old country store, where the community's post office is now located, has become a popular stop for visitors who pose there for photographs by a sign bearing the community's name. The post office, with the community's distinctive name, opened on August 9, 1880.

If we are on vacation and a death occurs, what do we do?

If a death was to occur away from the home, i.e. during a vacation or a business trip, then we suggest that you do a few things first. Call us at the funeral home. He/she will take care of making the necessary contact with a reputable firm in the area that the death occurred. This action will avoid any possibility of becoming involved

with a funeral home outside of your residential area that may care little about matters because they feel they will not ever deal with the family again. When calling us, we can act as your agent, monitoring and avoiding any possibility of excessive, unnecessary or double-billing possibilities. Contact your local police department and they will dispatch

an officer to your location immediately so you will not be alone.

If the death was sudden and unexplained, your local police authorities will make the necessary call to the local coroner to attend to the place of death. A county medical examiner or coroner may be called.

If you have not called your funeral director, you will have to consider doing so as the

body will have to be removed by them or an authorized agent. Regrettably, there have been circumstances where police and or coroners have called a funeral home of their choice. While we will not speculate on the motives, often families find themselves being pressured by a funeral home that was called to the scene.

Who to call first...

Nothing adequately prepares us for the initial shock of losing a loved one. Feelings of panic and helplessness may be overwhelming, but it's important to know you are not alone. It is important to reach out to close relatives, friends, and professionals for the help, support, and comfort you need. Notifying family and friends is always an

important consideration in the initial tasks to be completed.

Call immediate family members first, parents, children, brothers, sisters and grandparents of the deceased. Again, do not worry about waking others. Grief researchers say those close to the deceased feel left out if they aren't told about a death imme-

diately. Rely on others to assist you in notifying everyone: do not attempt to do this yourself. It not only helps others through the grieving process to have some responsibility, but also allows you to carry on with other tasks.

Although it may be difficult, telling others of a death is therapeutic. Saying aloud that a

loved one has died, the death is confirmed in your mind - an important step in the grief process.

So much is to be done in what seems like so little time. The emotional impact of death understandably makes it difficult to focus on the details that go into organizing a funeral.

Eline Funeral Home

11824 Reisterstown Road
Reisterstown, MD 21136

Phone: 410-833-1414 **24 hours**

Fax: 410-833-1328

E-mail: elinefh@comcast.net

If you do not wish to receive
future newsletters, please contact us.

We're on the web

www.ElineFuneralHome.com



To:

Providing thorough and thoughtful assistance at prices every family can afford.

List of 10 Life Lessons...by *Barrie Davenport*

Here are 10 important life lessons that have stood the test of time:

1. Life is now

We keep waiting for that amazing thing to happen in the future that will be the key to our happiness. But this is it. Right now. Life continues to be a series of right nows. So learn to love right now, and you'll have an amazing life.

2. Fear is an illusion (mostly)

Most of the things we fear never happen. Or if they do happen, they are rarely as bad as we fear they will be. For most of us, fear is the worst thing that will happen to us. Reality isn't as painful.

3. Experiences first

The pleasure and positive memories afforded by great experiences far outweigh material things. If you're trying to decide between the new sofa or the family trip, take the trip every time.

4. Anger isn't worth it

The feel-good release of anger lasts a few minutes. The repercussions last far longer. Regret, stress, and unhappiness are the byproducts of angry outbursts. Learn healthier ways to communicate your feelings, and when anger arises, step away until it dissipates.

5. Kindness matters

Small expressions of kindness have an enormous positive impact on other people. It doesn't take much to be kind. Practice it every day, in every situation, until it's your natural way of being.

6. Age is a number

When you're twenty you think fifty is old. When you're fifty, you feel thirty. Our chronological age doesn't have to define us. Don't allow a number to hold you back or prevent you from being the person you are inside.

7. You aren't always right

We think we have the answers, know what's right and wrong, good and bad, best for ourselves and other people. But we aren't always right. There's always more than one version. There are many perspectives that are valid. Keep yourself open to that truth.

8. It will pass

Whatever is causing you worry or pain right now won't cause you worry and pain forever. Time heals. Things change. It will pass.

9. Little things matter

It's not the big wins, the great accomplishments, or the status in life that really count. It's the accumulation of little things — the quiet moments in nature, special time with our kids, seeing the smile on our spouse's face when we walk in the door. Pay attention to these things.

10. Learn forever

There is so much to learn and explore in our very short lifetimes. Take advantage of learning every single day. Challenge yourself to acquire a new skill, read something different, take a class. Learning keeps our minds engaged and sharp, even into old age.